

## Supports to assist you into work

Outlined below is a short description of some supports that might help you to get back into work. For more information contact the INOU or visit: [www.inou.ie](http://www.inou.ie) or [www.welfare.ie](http://www.welfare.ie)

### THE PART TIME JOB INCENTIVE SCHEME (PTJI)

The PTJI allows you to work part time (under 24 hours a week) and get a Part-time Job Allowance instead of your Jobseeker's Allowance payment. The allowance will be paid regardless of the money you earn in your job. However, your wages will be taxable in the usual way.

### SECONDARY BENEFITS

If you have been getting a Jobseeker's payment for 12 months or more, you can take up full-time work and keep your medical card for 3 years. You may also be entitled to Rent or Mortgage Interest Supplement.

### THE FASTTRACK SYSTEM

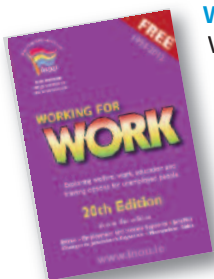
The Department of Social Protection operates a fast-tracking system for customers who sign-off a Jobseeker's payment to take up work for a short period of up to 8 weeks. If the job doesn't work out, the Fast Track system allows you to sign back on to your claim without the need to go through the process of being a new claimant. This system ensures that your original Jobseeker's payment is re-instated without delay.

### ENTERPRISE ALLOWANCES

If you are getting a Jobseekers payment and thinking about starting a business, you may qualify for an Enterprise Allowance. There are two types of allowance, the Back to Work Enterprise Allowance (BTWEA) and the Short Term Enterprise Allowance (STEA). Talk to an Enterprise Officer in your Local Partnerships / Local Development Companies for more information or visit: [www.ildn.ie](http://www.ildn.ie)

### WORKING FOR WORK

Working for Work is a comprehensive book on entitlements, education, training and back to work options. This book is available to download from the INOU website: [www.inou.ie](http://www.inou.ie)



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### VOLUNTARY WORK OPTION

Voluntary work can help you gain new skills and can increase your chances of getting a job. If you are unemployed you can take up voluntary work while on a Jobseeker's payment under the Voluntary Work Option. You will need to fill in the VW1 form, available from your local Social Welfare Office / Intreo Centre



**Volunteer Ireland** is the national volunteer development agency and a support body for all local Volunteer Centres in Ireland. For more information on volunteering:

visit: [www.volunteer.ie](http://www.volunteer.ie) call: (01) 636 9446  
email: [info@volunteer.ie](mailto:info@volunteer.ie)

### WORK EXPERIENCE OPTION



The aim of **JobBridge – the National Internship Scheme** is to help break the cycle where jobseekers are unable to get a job without work experience. The Scheme provides up to 8,500 work experience places in the private, public, community & voluntary sectors for those in receipt of the relevant social welfare payment or signing for credits. Interns get an additional allowance of €50 a week on top of their social welfare payment for the duration of their internship. For information on how to qualify for JobBridge visit: [www.jobbridge.ie](http://www.jobbridge.ie) or contact the INOU.

### EMPLOYER INCENTIVE OPTION

**JobsPlus** Jobs Plus is a new employer incentive from the Department of Social Protection which encourages and rewards employers who offer employment opportunities to the long term unemployed. To check your eligibility or to apply on-line visit [www.jobsplus.ie](http://www.jobsplus.ie)



Irish National Organisation of the Unemployed  
For further information contact the INOU.

☎ 01 856 0088



[welfare@inou.ie](mailto:welfare@inou.ie)



[redundancy@inou.ie](mailto:redundancy@inou.ie)

websites: [www.inou.ie](http://www.inou.ie) [www.redundancy.ie](http://www.redundancy.ie)



Irish National Organisation of the Unemployed

# Looking for Work

This leaflet identifies a wide range of services, supports, advice and tips to help you with your jobseeking.

[www.inou.ie](http://www.inou.ie)

## I am looking for work – Where can I find help?

There are a range of services and supports available to help you with your jobseeking efforts and improve your chances of finding work. Some of these key services and supports are outlined in this leaflet.



**INTREO** is a new employment and income supports service from the Department of Social Protection (DSP). Intreo provides supports to jobseekers. Intreo can help you to get back to work and increases your chances of finding work. The Intreo service is currently being extended across the Department's network of offices.



**EMPLOYMENT SUPPORT SERVICES** give jobseekers support in a number of ways including: Guidance interviews, information provision and a Jobseeker Pack.

The service is delivered through the Department of Social Protection's Employment Service offices and Local Employment Service offices (LES). Employment Service offices are currently being incorporated into the Department of Social Protection's new Intreo service.

For more information on Intreo or Employment Support Services visit: [www.welfare.ie](http://www.welfare.ie)



**LOCAL EMPLOYMENT SERVICES (LES)** staff can provide you with support in a number of ways: through guidance interviews; providing information; in helping you to develop a career plan and in identifying job opportunities. They can also assist you in identifying training and educational supports to help you enter/re-enter employment. The LES is delivered, under a contract arrangement, on behalf of the Department of Social Protection. For more information visit: [www.welfare.ie](http://www.welfare.ie)



**LOCAL PARTNERSHIPS / LOCAL DEVELOPMENT COMPANIES** offer a range of supports for people looking to start a business. Enterprise Officers can advise you on enterprise allowances. For more information visit: [www.ildn.ie](http://www.ildn.ie)



**JOB CLUBS** provide support to jobseekers such as support with preparing CV's, improving interview skills and identifying possible job opportunities. The Job Club service is delivered through workshops and Individual 'one to one' support sessions. Job Clubs also provide a 'drop-in' service for Jobseekers to avail of the facilities of the Job Club. Job Clubs are delivered, under a contract arrangement, on behalf of the Department of Social Protection. For more information visit: [www.welfare.ie](http://www.welfare.ie)



**CONGRESS CENTRES NETWORK** can support you with your jobseeking efforts by helping you prepare a C.V. or with mock interviews and with other resources such as photocopying, typing up assignments, thesis etc, Business Support for start ups, FETAC accredited courses, Local Training Initiatives, Information Provision and Advocacy, employment through Community Employment schemes and Community Services Programmes. For more information visit: [www.ictu.ie/ccn/](http://www.ictu.ie/ccn/)



**LOCAL RESOURCE CENTRES** are a range of independent organisations including Family Resource Centres that offer different services to help unemployed people find work. They can help you with welfare rights queries, filling in application forms / preparing a C.V. or cover letters, Information on local job vacancies and accessing the internet and daily newspapers. Some centres may also run Job Clubs. Visit: [www.familyresource.ie](http://www.familyresource.ie) or the Find your local services map on [www.inou.ie](http://www.inou.ie)



**WORKLINK** is an employment network that assists unemployed people to successfully transition into full employment. Worklink provides professional mentoring and support directly to Jobseekers through Jobseeker groups and organisations. For more information visit: [www.worklink.ie](http://www.worklink.ie) or Phone 01 291 6603

## Online jobseeking resources



**Jobs Ireland** is an online resource for Jobseeker's. You can find information on full-time and part-time work opportunities, work experience programmes such as JobBridge and vacancies on schemes such as Community Employment. Jobs Ireland can be accessed easily and in a number of ways: visit: [www.jobsireland.ie](http://www.jobsireland.ie) Freephone: 1800 611 116 Download: the FREE jobseekers app

### Twitter#jobfairy



You don't even need to create a Twitter account just type jobfairy into the twitter search box and view the results. Results will show all tweets relating to Ireland. Many of the jobs advertised will not be publicly seen elsewhere. Visit: <https://twitter.com> . Other twitter tags which may be of interest to you: #INOUIreland and #welfare\_ie



**LinkedIn** is a business orientated social networking website that can be used for networking or as a job seeking tool. LinkedIn takes your professional network online, giving you access to people and possible job opportunities. Visit: [www.linkedin.com](http://www.linkedin.com)



**INOUI Jobs Watch page** This page shows the latest jobs being created which are tracked through the local and national media. Visit: [www.inou.ie/jobsboard](http://www.inou.ie/jobsboard)

## Find your local services ONLINE



[www.inou.ie](http://www.inou.ie)

- Intreo / Social Welfare Offices
- Local Employment Services
- INOU Member Organisations
- Local Resource Centres

