

Are you looking to upskill and return to work?

If so, the INOU are offering an exciting Employment Skills Programme designed to give participants the necessary skill sets to take up employment or progress on to further education.

The Shaping Futures programme is a QQI accredited programme with participants working towards a QQI Level 4 major award in Employment Skills. The training is delivered in our INOU Learning Hub which is located at 88-90 Townsend Street, Dublin 2. CDETБ training allowances (including transport, meals and childcare) are available to participants while on Shaping Futures.

There is the opportunity to undertake training in fields of your choice such as safe pass, manual handling, fire warden, forklift, barista, HACCP, driver theory test and patient moving and handling.

If you are interested in finding out more information, please contact Michelle/Sinead on 01-2678760 in the INOU Learning Hub or via email at training3@inou.ie (Michelle) or training4@inou.ie (Sinead)



**European Union
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Investing in jobs and skills



Ireland's European Structural and
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2014-2020

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